


September Class Schedule

FFSC HOURS OF OPERATION:

MON, WEDS - FRI: 0800-1630

TUES: 0930-1630

Open to ALL Residents of Guantanamo Bay at No Cost LMS Virtual Class @ www.mynavyfamily.com

MON	TUE	WED	THU	FRI
2	3 Effective Resume Writing 1300-1400	4	5 Suicide Prevention 1700-1800 LMS	6 Using Artificial Intelligence (AI) to Build Resumes 0900-1030 LMS
9	10 Suicide Awareness Event 1830-2030 Lighthouse	11 The PCS Process 0900-1000 LMS	12 Federal Employment 0900-1200	13 Ombudsman appreciation <i>Thank you</i>
16 Stress Management 1000-1100	17	18	19 Gold Star at the chapel 0900  Base Tour Canceled	20 Making the Most of Your Overseas Pay 0800-0900 LMS
23	24 Understanding USAJobs 1000-1130 LMS	25 Power Up Your Resume for Remote Jobs 1300-1400 LMS	26	27 Smooth Move Workshop 0900-1200
30 Effective Communication 1530-1630				

