



BLENDZ SMOOTHIES

Now available in

16oz and 24oz sizes

FITNESS

STRAWBERRY BANANA WHIRL ... 6.50/9.50

Strawberry · Banana · Plant Based Protein · Almond Milk · Turbinado

WILD STRAWBERRY PEACH ... 6.50/9.50

Strawberry · Peaches · Flax · Plant Based Protein · Turbinado

GOING GREEN... 6.50/9.50

Pineapple Base · Peaches · Pineapple Tidbits · Spinach · Ginger

GO NUTS!

ADD NUTS, SEEDS, HONEY, OR COCONUT

PEANUTS ... 1.00

PUMPKIN SEEDS ... 1.00

GINGER POWDER ... 1.00

FLAX SEED ... 1.00

CASHEWS ... 1.00

HONEY ... 1.00

COCONUT ... 1.00

BULK IT UP!

VANILLA WHEY ... 2.00

CHOCOLATE WHEY ... 2.00

PLANT BASED PROTEIN... 2.00

PEANUT BUTTER... 2.00

ALMOND BUTTER... 2.00

CREATINE... 4.75

OATMEAL... 2.00

CHILLED BOTTLE OF WATER

\$1.00





BLENDZ SPECIALTY SMOOTHIES

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REFRESHERS

CARIBBEAN SURF ... 4.50/6.50

Strawberry · Banana · PPA · Turbinado

PEACHY ... 5.00/7.25

PPA · Peaches · Honey · Turbinado

HANG TEN ... 4.50/6.50

Peaches · Strawberry · Mango · Turbinado

TROPICAL PARADISE ... 5.50/8.00

Pineapple · Peaches · Mango

SPRING REFRESHER ... 5.50/8.00

Strawberry · Pineapple · Mango · Turbinado

MANGO BERRY ... 5.50/8.00

Mango · Blueberries · Strawberries

MEAL REPLACERS

ALOHA ... 8.25/12.00

Pineapple · Almonds Butter · Vanilla Whey Protein

MONKEY BUSINESS ... 8.25/12.00

Banana · Peanut Butter · Vanilla Whey Protein

PB & J ... 5.50/8.00

Banana · Strawberry · Peanut Butter · Honey

CHOCOLATE PUMP UP ... 8.50/12.50

Banana · Almonds Butter · Chocolate Whey Protein

BERRY BUTTER BLAST ... 5.50/8.00

Strawberry · Banana · Blueberry · Peanut Butter

PEANUT BUTTER CHOCOLATE LOVE ... 8.25/12.00

Banana · Peanut Butter · Chocolate Whey Protein

ALMOND JOY ... 8.50/12.00

Almond Milk · Almond Butter · Chocolate Whey Protein · Coco Lopez

KEEP IT LIGHT

LEAN STRAWBERRY ... 6.25/8.50

Strawberry · Vanilla Whey Protein

LEAN PEACH ... 7.00/10.25

PPA · Vanilla Whey Protein · Peaches

CHOCOLATE TRIM ... 7.00/10.25

Banana · Chocolate Whey Protein

