**Unit training/Command PT pool use at Windjammer pool:**

**0800-0900 Monday, Wednesday, Thursday, & Friday**

*excluding holidays*.

Please note that these pool use times can fill up quickly; alternatives will be given if your requested date/time is not available.

Advance registration only, no walk-ins; email your pool use request at least one week in advance to [nsgbmwraquatics@gmail.com](mailto:nsgbmwraquatics@gmail.com) & deborah.l.moors.naf@us.navy.mil

The following rules/info apply for any group pool use for Command/Unit training:

* No group use for PRT/swim testing/training during regular lap swim or rec swim hours; advance reservations are required, for during above timeframes only.
* When personnel are coming over to the pool area in groups, they must follow most current NSGB social distancing policies and pool rules. Personnel need to come clean & dressed ready to swim, because at times, locker-rooms/bathrooms may not be available.
* Your group POC/designated swim tester(s) will need to provide the MWR Lifeguard(s) on duty with a headcount upon entry, before your to-be-tested personnel come into the pool, and all personnel must sign in at the front/main pool entry gate.
* MWR does not administer swim tests nor issue JTF swim cards; we offer designated pool time & required lifeguards. *The swim test is a JTF requirement & process, completely separate from NSGB and MWR; JTF units should have their own designated Swim Tester(s)*. Each unit must have an authorized, trained unit-designated swim tester present to administer the swim testing to their unit personnel.
* Max 40 personnel in the pool area for Command/unit training & swim testing/assessments; please plan accordingly.
* Personnel will be allowed into the pool area in groups of maximum 40, along with unit-designated swim testers & a unit rep (as needed) to do swim assessment testing.
* For more than 40 personnel to be tested/trained, the 1st group must exit the facility before the next group of people can enter.
* Please note; no early pool entry/no staying beyond your designated pool time, as we have other pool use/needs scheduled back to back to be able to accommodate as many users, programs, and pool needs as possible.
* At times, more than one small group may be scheduled for pool use simultaneously; please follow the instructions of the lifeguard for using your designated area of pool use and do not impinge on other training.
* Once swim testing is completed, everyone must immediately leave the pool area –

No hanging out, no rec swim or use of recreational equipment, no sunbathing, no socializing, etc., as we have scheduled programs immediately following.

Minimum one-week in advance request via email to [nsgbmwraquatics@gmail.com](mailto:nsgbmwraquatics@gmail.com) & [deborah.l.moors.naf@us.navy.mil](mailto:deborah.l.moors.naf@us.navy.mil) with the following required information included in email request:

* Unit POC name & contact phone number + email.
* Unit designated swim tester name or CFL & contact phone number + email.
* Number of personnel to be tested or in the pool area.
* Type of pool use or swim testing (PRT/PFA, JTF swim test, Command PT, etc.).

A reservation is not complete until a confirmation email is sent back to you from the Aquatics Coordinator.