






# APRIL CLASS SCHEDULE

Registration Required!  
Call X4141



The  
Fleet & Family Support  
Center

LMS Virtual Class @ [www.mynavyfamily.com](http://www.mynavyfamily.com)

MON	TUE	WED	THU	FRI
 <p>1 Proclamation Signing Lighthouse 0900</p> 	<p>2 Mind Body Mental Fitness Module 1: Stress Resilience LMS 1300 Proclamation Signing Marine at FFSC 1030</p>	<p>3 Child Abuse Prevention Parent Seminar Luncheon FFSC 1130-1230</p>	<p>4 Ready to Date LMS 1400</p>	<p>5</p>
	<p>9 <b>Teal Tuesdays</b></p>	<p>10 Domestic Violence and Sexual Assault Prevention LMS 1000 Sponsorship Training LMS 1500</p>	<p>11 UVA Summit 0900</p>	<p>12</p>
 <p>15</p>	<p>16 Preventing and Responding to Intimate Partner Violence LMS 1030</p>	<p>17 Consent- Key to Success LMS 1100</p>	<p>18 College &amp; Career Night 3:30-5 </p>	<p>19 Online Sexual Harassment- How to Spot it and handle it LMS 1100</p>
<p>22</p>	<p>23 Command Financial Specialist (CFS) Forum LMS 1200 <b>Teal Tuesdays</b></p>	<p>24 Denim Day</p>	<p>25 Couples Communication: Sex and Intimacy LMS 1400</p>	<p>26 Shine the Light on Sexual Assault Cooper Field 1830</p>
<p>29 Tap Class M_F 0800-16:30 Registration with CCC is Required Parenting Skills LMS 1300</p>	<p>30 <b>Teal Tuesdays</b></p>	<p><b>FFSC HOURS OF OPERATION:</b> MON. WEDS - FRI: 0800-1630 TUES: 0930-1630</p> 		

Open to ALL Residents of Guantanamo Bay at No Cost